

BIKE & RUN RACE FOR KIDS!



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Give your child that first race experience.
All levels encouraged. Open to ages 6-18!

Age group awards:
6-9 years • 10-12 years • 13-16 years • 16 and over

The Youth Duathlon will be a fun race with kid-friendly distances around the Aspirus Branch YMCA.

WHEN: Sun. Sept. 23 Race start- 8:30 a.m.
8 a.m. check-in/ meeting

COST: \$15 per entrant. Register at either Y branch.



Any age can participate in either course option!

- Short course - 1/4 mile run, 2 mile bike & 1/4 mile run
- Long course - 1 mile run, 4 mile bike & 1 mile run



This is not a Wausau School District sponsored activity and the opinions expressed are not necessarily those of the school district or its personnel.