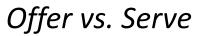


Breakfast 2014-2015





**Meat/Meat Alternate can be credited as a GRAIN or EXTRA.

GRAIN crediting counts as Food Item, EXTRA crediting does not count as Food Item.

wisconsin' SCHOOL BREAKFAST **PROGRAMS**

Grain Details



1 oz eq Muffin (55g)1 Food Item



2 oz eq Bagel† 2 Food Items



1 oz eq English Muffin, 1 oz Egg (as GRAIN) 2 Food Items



1 oz eq English Muffin, 1 oz Egg (as EXTRA) 1 Food Item

Reimbursable Meal: Must Take at Least 3 Food Items NOTE: At least ½ cup of fruit/vegetable must be selected as part of the reimbursable meal

†Large grain (≥ 2 oz eg) or fruit/vegetable (≥ 1 cup) items may be planned as 1 food item or 2 food items at the discretion of the menu planner.





½ Cup Fruit 1 Food Item

4 oz Fruit Juice 1 Food Item



1 Food Item



Student can decline the Milk, 1 Fruit OR the Muffin.

1 Cup Milk 1 Food Item



½ Cup Fruit 1 Food Item



4 oz Fruit Juice 1 Food Item



2 oz eq Bagel 2 Food Items

Student can decline the Milk AND 1 Fruit OR the Bagel.



1 Cup Milk 1 Food Item



1 Cup Fruit 2 Food Items



1 oz eg Muffin 1 Food Item



Student can decline the Milk OR Muffin, MUST take the Apple because it is crediting as 2 Food Items and the only fruit offered.



1 Cup Milk 1 Food Item

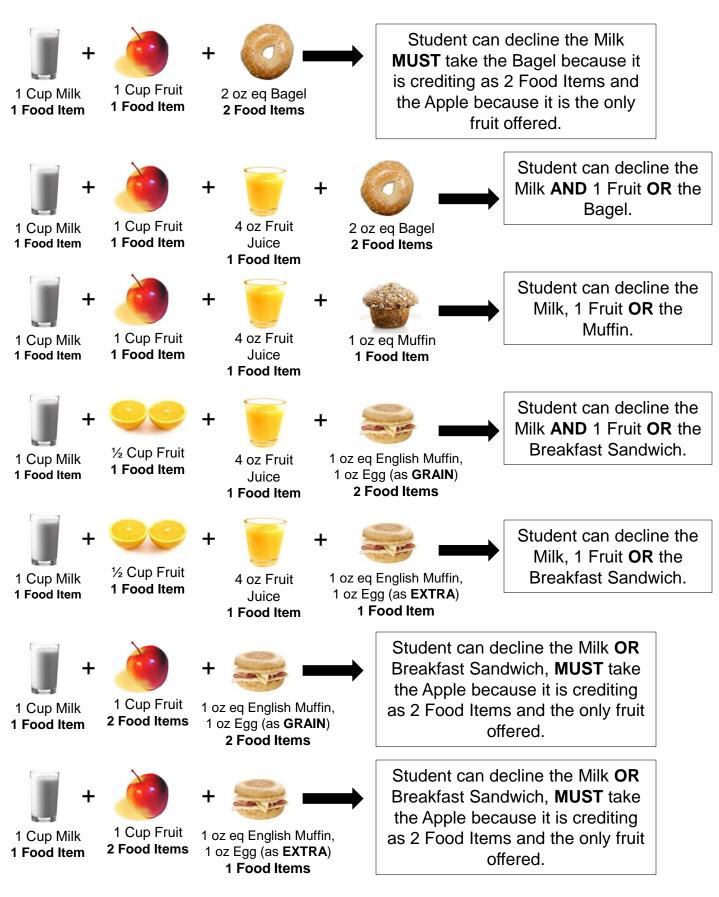


1 Cup Fruit 2 Food Items



2 oz eg Bagel 2 Food Items

Student can decline the Milk **OR** Bagel, MUST take the Apple because it is crediting as 2 Food Items and the only fruit offered.



Orange and orange juice images obtained from www.pachd.com.